



*It is more important to know what sort
of person has a disease than to know
what sort of disease a person has*
Hippocrates (460-377 B.C.)

Welcome to The City College of Acupuncture!

Studying Chinese Medicine is a life-changing and life-long experience. It is exciting and challenging, but also enormously empowering. All of us come to Chinese Medicine and Acupuncture via our own unique route, and inspired by a variety of experienced teachers, develop into unique practitioners. Yet we are united in our passion for the subject and a desire to help people with compassion and understanding, be it students or patients.

We know that we can help you on your own journey to becoming a successful and unique practitioner.

By attending our Open Evening Event, you have already made the first step on this journey. If you are still wondering whether studying acupuncture at The City College of Acupuncture is for you, we are here to answer your questions.

We run a professional, in-depth, three-year full-time (two full days per week in college, plus 10-15 hours of preparation home study per week) degree-level course as dictated by the British Acupuncture Accreditation Board (BAAB), with whom we have full accreditation.

BAAB courses are the gold standard of the profession, ensuring a solid basis of professional knowledge, attitudes, values and skills. We will give you practical, hands-on degree-level education without the academic constraints of a degree.

We also teach a one-year *Tui Na* Licentiate which is open to fully qualified acupuncturists and TCM practitioners. *Tui Na* can also be studied over a two-year period by taking Year 1 of our Acupuncture Programme, and then *Tui Na* in conjunction with Year 2 of our Acupuncture Programme.

People often worry that they are not academic enough to study on a degree-level course, or that age is a barrier. Don't let this put you off! Students come to acupuncture from all walks of life, some with no formal qualifications, some with PhDs, and everything in between, and our course is designed to give you all the support you need whatever your background.

You will find our College is a very friendly environment, and you will be able to receive all the guidance you require. Your life experiences, how you build upon them, and your ability to connect with people will be as crucial as your academic understanding.

We do hope you will get a good feel for our College and the way we teach today. If you have any further questions, please do not hesitate to get in touch by emailing cca@citycollege.ac.uk, or by phone on 020 7253 1133,

Ilze Black

Acupuncture Programme Leader

Why study with us?

TEN great reasons to study Acupuncture and *Tui Na* at The City College of Acupuncture:

1) A broad and thorough grounding in Traditional Chinese Medicine

- We believe that students shouldn't specialise too early in their training, so we teach you all of the main ways of diagnosing and using acupuncture
- Specialising in one form of acupuncture too early means that in order to further your understanding of TCM you may actually need to go back to basics to fully understand what you didn't initially cover

2) Hands-on, practical work in every module

- Our aim is to create excellent practitioners, which means we have a strong focus on the practical skills of acupuncture from the outset
- Our students start needling, cupping and using moxibustion within a few weeks of starting the course, and they continue doing this throughout the whole of the course

3) Small groups within each anatomy & point location class means apprentice-like training

- Learning anatomy and point location is difficult if you don't have any experience in bodywork, so we split our students into small groups within each class for these particular classes as it is essential to get extensive one-to-one feedback
- In our experience, subjects like Western Medical Sciences can also be as complex to understand as Chinese Medicine - which is why we provide support to all our students in these subjects

4) An eclectic approach to teaching

- Our teaching staff trained in a number of different institutions, and they therefore bring a wide range of experience to the CCA course
- We work hard to make sure that what we teach you is up-to-date and relevant to the work of an acupuncturist

5) High academic standards

- Our acupuncture course is taught at levels 4, 5, and 6, which means that it is at **the same level as a degree** but without the additional cost and restrictions that this brings

6) Accreditation

- Our course is fully accredited by the British Acupuncture Accreditation Board (BAAB) which guarantees excellence in training, safe practice and professional conduct.
- BAAB-accredited courses are taught at honours degree level
- Graduating from a BAAB accredited institution means you are eligible to join the British Acupuncture Council (BACc), which is the largest registering body for Traditional Acupuncturists in the UK.
- The benefits of BAcC Membership can be found at: <https://acupuncture.org.uk/join-us/benefits-of-membership/>.
- There are reduced membership fees for newly-graduated Students. Please check the BAcC website for further information.

7) All of our teachers are successful practitioners

- All lectures will be delivered by successful practitioners who are eager to pass their knowledge and experience on to you

8) Great Location

- We are proud to be the sole BAAB-accredited Higher Education establishment in the heart of central London

9) Our support continues after you graduate

- Our students are welcome to return after graduation to retake any lessons you may have missed, free of charge

10) We aim to get you into practice!

- CCA has a strong business module which means you will be ready to go into business as soon as possible after completing our programme.

'Teachers open the door. You enter by yourself.'
Traditional Chinese proverb

Who teaches at The City College of Acupuncture?

Meet our staff:

Our teaching team are all successful practitioners, the majority of whom have worked alongside each other for many years. Their passion for teaching acupuncture has given them a strong desire to create a practical, hands-on course that is really relevant to the modern clinical environment.

Our teaching team includes:

Ilze Black - Programme Leader LicAc, Dip Tui Na, PhD, MSc, MBAcC

- Tui Na and Acupuncture Clinician
- Acupuncture and Tui Na practitioner in private practice
- Ilze studied Acupuncture and Tui Na at The City College of Acupuncture, graduating in 2021. She is a member of the CCA clinician team and joined the programme leadership team in 2023.
- Ilze is a member of the British Acupuncture Council, the Acupuncture Fertility Network UK, the UK Reiki Federation and is the founder of the TCM Practice Clinics in Islington and Hackney. Previously, she has worked as a programme leader and course administrator at Westminster College and the University of London.

Paul Johnson LicAc, MBAcC, LicOHM, MRCHM, BA (Hons), AFN, PGCertLTHE, AHEA

- Paul combines a deep understanding of Traditional Chinese Medicine with a thorough, hands-on approach to Higher Education
- He is featured in the *How to Locate Acupoints* app, and he has had articles printed in *The Chinese Medicine Times*, *The Journal of Chinese Medicine*, *ACU*, *CAM Magazine*, *Lifescape*, and *Yoga* magazine amongst others
- He is also contributing to the World Health Organisation's "WHO Standard Terminology in Traditional Chinese Medicine" project
- Paul has taught acupuncture for over a decade and brings a real sense of commitment to making complex skills and ideas as accessible as possible. He combines a deep understanding of Traditional Chinese Medicine with a thorough, hands-on approach to Higher Education.
- A presenter on 'How To Locate Acupuncture Points - the Definitive DVD', Paul has had articles printed in *The Chinese Medicine Times*, *CAM Magazine*, *Lifescape*, and *Yoga* magazine amongst others.
- 'I first had acupuncture to cure a long-standing problem that was preventing me from delivering the projects I was working on as an illustrator for Marvel and DC Comics. After months of pain I found myself back at work after just two acupuncture treatments! Having treatment on-and-off for several years was such a life-changing experience for me that I decided that I wanted to retrain and be able to help people in the way that I had been helped. As much as I loved my previous career, I've never looked back. I love my new life and feel privileged to be able to work with so many people in such a profound way'.

Anne-Sophie Morel PhD, BSc (Hons), LicAc, MBAcC, Dip Tui Na

- Anne-Sophie has previously worked in medical research in the private and public sector, most recently at Imperial College
- When tasked with discovering the 'active ingredients' in Chinese herbs she realised how powerful Chinese Medicine was and retrained as an acupuncturist, *T'ai chi* instructor, and Tui Na practitioner
- *'I have always been curious to make sense of the world. A scientist by training my journey so far has taken me from the microscopic reductionist world of Western Medicine into a world preoccupied with the interactions between all things and at all levels. Through my studies in Chinese philosophy, Tai Chi, and Chinese Medicine a new perspective on the world has and continues to be a true inspiration. Being able to share this vision with students and patients alike, and help them take one more step on their journey is both wondrous and joyful.'*
- *Best job in the world!*
- *However, I haven't left my scientific roots behind;*
- *Chinese Medicine is both an art and a science; enabling the patient to heal comes both from the heart and the head, a perfect balance between compassion and reasoning. The (life-long) journey there is certainly challenging, but also enriching and exciting, and I am loving every step of it'.*

Anand Marshall BSc, LicAc, Dip Kanpo, MBAcC, MRCHM

- Anand Marshall worked in the first NHS Complementary Therapies Unit in Westminster
- He specialises in Japanese forms of acupuncture and herbalism
- Anand qualified as a Traditional Acupuncturist from the London School of Traditional Acupuncture and Oriental Medicine and as a Kanpo Herbalist (Japanese herbalist) from the Japanese Herbal Medicine apprenticeship course. He undertook post-graduate training in Japanese Acupuncture with Dr Stephen Birch. He attended postgraduate training with Dr Arnould Versluys focussing on the Shan Han Lun Herbal medicine.
- *'Before I qualified as a practitioner I worked as a senior social worker in Children's Families teams and later in a Youth Offending team. As much as I valued this job, I realised it was not a career that I could envisage undertaking for the rest of my life.'*
- *Due to the stressful nature of my job, I developed pains and sleep problems and out of desperation sought the help of an acupuncturist. Within a few sessions my energy increased, my pain reduced, and I was sleeping well. After a few more years of occasional treatments, I decided to embark on my new career and have never looked back.*
- *I worked from 2001 to 2014 in Westminster as part of an NHS complementary medicine service – the first of its kind in Britain – where I treated GP-referred patients suffering from insomnia, menstrual problems, peripheral joint pains and muscular skeletal conditions'.*

Alex Brazkiewicz BSc (Hons), Dip Tui Na, Cert Qigong, Cert.Ed., Cert Paramedic Science, MGOC

- Alex is an accomplished Traditional Chinese Medicine practitioner, Tui Na tutor, State Registered Paramedic and an Osteopath
- Alex was introduced to Shiatsu through his martial arts training over 30 years ago and has been practising bodywork and Japanese martial arts ever since. He gained his degree in Traditional Acupuncture at the College of Integrated Chinese Medicine in Reading after which he volunteered at the NHS Gateway clinic in South London.
- Alex's passion for Tui Na resulted in his studying extensively in China, including undertaking regular month-long study trips to Beijing to study Channel Palpation and Applied Channel Theory under Professor Wang Ju Yi. After his last trip in 2013 he returned to complete a 5-year degree in Osteopathy. Alex practices in Malvern where he integrates Chinese and Western Orthopaedic Medicine in the treatment of musculoskeletal conditions.

- Alex is also an HCPC registered Paramedic and served 17 years with the London Ambulance Service. He and his wife, Judi, own an approved First Aid training organisation which also delivers specialist first aid training to Chinese Medical practitioners.
- His Holos Healthcare Company has received the nation-wide contract from the British Acupuncture Council (BACc) to undertake the First Aid and Red Flag Warning Features CPD courses

Alex Jacobs, MA, MSc, Bsc, LicAc, MBAcC, MRCHM

- Alex is fluent in Mandarin and has studied TCM extensively in Taiwan
- He is a current president of The Register of Chinese Herbal Medicine
- Alex became interested in Chinese medicine while studying Mandarin in Taiwan, and on his return to the UK he trained in Acupuncture, Tui Na and Chinese Herbal Medicine. In 2011 he founded the London Chinese Medicine Meetup Group to teach Yangsheng self-help techniques to the public. He organised the conference for the Register of Chinese Herbal Medicine for 8 years and in 2020 was elected president.
- Alex is fluent in Mandarin Chinese, written and spoken, and regularly makes trips to Taiwan to continue his studies and deepen his practice.
- *'I was fortunate enough to see a very high level of acupuncture and Chinese medicine practice in Taiwan in my early 20s. At that point, I became aware that this is a real, effective, and serious medicine, and that I had to study it. From that point, it has been an incredible journey from training to clinical practice and to an ever-deepening appreciation of the medicine. I feel humbled to walk in the footsteps of the thousands of years of Chinese medicine physicians who came before me.'*

Alice Douglas LicAc, MBAcC

- Alice trained at The City College of Acupuncture and qualified as an Acupuncturist
- After having acupuncture as a child and finding it a life changing experience, Alice began her time at CCA straight after finishing her A-levels.
- Alice owns two clinics based in South East London, one private practice, and one multi-bed clinic.
- Alice's success in building her businesses, and her passion for teaching, lead to her being invited to teach the business module at CCA.
- *"I truly believe I have the best job in the world. Not only do I love the work, but it provides so much freedom throughout your life. It is a combination of art and science, theory and practical, therapist and businesswomen. A well-run clinic will give you endless opportunity."*

Awais Mian BSc (Hons) Biochemistry, BSc (Hons) TCM, MBAcC, MBCCMA, PGCHE, FHEA

- Awais originally trained in Biological Chemistry and Cell Biology, and then Traditional Chinese medicine. Graduating in Acupuncture in 2006, Awais has worked in both public and private practice using an integrated approach.
- Awais is an experienced teacher of both Biomedicine and TCM, and he was previously the Biomedical lead at LSBU on the acupuncture course.
- He has published research into the benefits of Tai Chi.
- He is a 6th generation teacher of Wu style Tai Chi and Qigong.
- He is the vice chairperson of the Wushi Taiji & Qigong Association (UK).

Francesca Scotti MPharm, MSc, PhD

- Francesca worked as a pharmacist in Italy before moving to the UK to study for an MSc in Pharmacognosy.
- Being interested in research, she obtained a PhD in Medicinal Chemistry and moved on to join Prof. Michael Heinrich's group where she generally conducts research on the chemistry of medicinal and food plants, assesses the quality of marketed herbal products and that of raw herbal materials.
- *"After my first degree I felt pulled towards research - the topic didn't necessarily matter, but the methodology, the searching, and the challenges of knowledge did. I love plants and have a deep interest in herbalism, economic botany and agronomy, including a profound respect for the environment, which I inherited from my grandparents, so I feel like I hit the jackpot."*

James Woodward BA, LicAc, Dip Tui Na, MBACc, VTCT

- James studied Acupuncture at The City College of Acupuncture, graduating in 2017. He then returned to us to study Tui Na, graduating in 2019, and has since become a very welcome member of the CCA teaching team.
- He studied Holistic Therapies at Canterbury College, completing a VTCT Diploma in 2009. This included Swedish massage, reflexology and aromatherapy.
- James first started practicing reiki in 2006 and has studied with a range of teachers with different styles.
- In 2009 James qualified as a reiki teacher, and in 2012 founded the South East Kent Reiki Hands on Healing School. James volunteered for the NHS practicing reiki in the Supportive Therapies Unit for cancer patients at Canterbury Hospital, where his curiosity for acupuncture led to his training at The City College of Acupuncture.
- He practices the Japanese style of reiki, and has his own YouTube channel with instructional videos for reiki techniques.
- He runs his own practice, The Tranquillity Space in Herne Bay.

Joanna Attwell BSc (Hons), LicAc, MBACc, PGDip CHM, PGDip Nutrition

- Joanna studied at the University of Westminster, and she has been a qualified Chinese Medicine practitioner in private practice for over 16 years.
- She has been teaching Chinese Medicine since 2001.
- Her integrated approach to Chinese Medicine, including acupuncture, herbs and nutrition, coupled with her own experiences, allow her to deliver complex teaching material in an enjoyable and achievable manner.
- In addition to being an experienced practitioner and teacher, Joanna has a PGDip in Nutrition

Josephine Cerqua BSc (Hons), LicAc, MBAcc, BA (Hons)

- Josephine has been in practice for over twenty years and has a special interest in women's health
- Josephine graduated from the University of Westminster over twenty years ago. She has a special interest in women's health and has worked in many different roles including in the NHS Gateway multi-bed clinic in south London and the Westminster Polyclinic.
- As well as running her own private practice, Josephine is a member of a team of practitioners at a London-based integrated fertility clinic, working alongside consultants, midwives, and nurses.
- She also contributed to David Mayor's Electro-Acupuncture textbook.
- *"I fell into studying acupuncture, not having had any personal experience of treatment. However, I can still remember the joy I felt the day I learnt I had been accepted onto the course. It was the start of a truly wonderful journey and after many years on the path, I remain excited about the people, the learning, and experiences to come"*

Julia Exposito LicAc, MBAcC, MRN

- Julia is both an acupuncturist and a Mental Health nurse
- She completed an MSc on the use of acupuncture for emotional health and wellbeing
- Julia qualified as an acupuncturist from the London College of Traditional Acupuncture and Oriental Medicine in 2003 followed by a year studying Chinese herbal treatments.
- In 2013 she completed a Post-Graduate Diploma in Mental Health Nursing and in 2015 she obtained her MSc in Nursing after researching the use of acupuncture for emotional health and well-being for her dissertation.
- Julia is the Integrative Practice Co-ordinator, and she teaches on the Western Medical Sciences module. She has supervised in our student clinic for 5 years, bringing her eighteen years' experience in private practice treating women's health and mental health, and a deep understanding of how to integrate Chinese and Western modalities of treatment.

Julia Oji BA (Hons), Dip *Tui Na*, Clin Cert *Tui Na* (Nanjing), Lic Ac, MBAcC

- Julia is Course Leader and teacher on our *Tui Na* programme
- Julia has trained extensively in China and England and has a special interest in treating children
- She is also a prenatal yoga teacher
- Julia Oji graduated with a Diploma in *Tui Na* from the London School of Chinese Massage Therapy in 1994, having completed her clinical training in Nanjing, China.
- She later went on to study acupuncture at the London College of Traditional Acupuncture and Oriental Medicine and was awarded a Licentiate in Acupuncture
- An accomplished teacher, Julia has been training students in *Tui Na* for fifteen consecutive years

Kate Henley BSc (Hons), LicAc, MBAcC, ACT, CSM

- Kate is the founder and Chair of the Acupuncture Childbirth Team (ACT) in Hertfordshire. She also co-founded a successful multi-bed Maternity Acupuncture Unit at the Lister Hospital in Stevenage
- She also holds a certificate in Supervision and Mentoring and runs several Supervision groups for acupuncturists
- Kate graduated from the University of Westminster with a BSc in Acupuncture in 1998 and has been in private practice ever since. Most of her work has been in GP surgeries as she has been a strong supporter of integrated medicine and offering people choice in their health journeys.
- To reflect her specialist knowledge in supporting fertility and pregnancy patients, Kate is the founder and Chair of the Acupuncture Childbirth Team (ACT) in Hertfordshire. She also co-founded a successful multi-bed Maternity Acupuncture Unit at the Lister Hospital in Stevenage.
- In addition to her private practice, Kate also teaches Five Element and Meridian Theory workshops to yoga groups in the UK and abroad.
- She also holds a certificate in Supervision and Mentoring and runs several Supervision groups for acupuncturists.
- Kate is in charge of the Practitioner Development stream of the programme across years one and two.

Dr. Shelley Berlinsky MD, LicAc, MBAcC, LicOHM, MRCHM

- Shelley has trained extensively, in Israel and in England, and gained both a diploma in Chinese Medicine from ICOM, and a doctorate in Western Medicine (MD, LicAc, MBAcC). Shelley is a fully trained Acupuncturist and herbalist, and has been practicing Chinese Medicine since 1997.
- *“I have conducted primary research into complementary and alternative medicine and bring my understanding and love of acupuncture and Western Medical Sciences together to make them approachable and relevant to the Acupuncturist.”*

Sunila Prasad MBBS, BSc in Reproductive Sciences, MRCPCH, Lic Ac

- Sunila is an alumnus from The City College of Acupuncture, and practices Acupuncture privately in Croydon and Kentish Town.
- She completed her medical degree with distinctions in Clinical Science and Clinical Practice and received 1st class honours for her BSc in Reproductive Sciences, both completed at Imperial College London.
- Having worked in the NHS since 2017, Sunila furthered her passion for providing holistic care to patients by completing a Licentiate in Acupuncture.
- ‘I thoroughly enjoy utilising both my Western and Chinese medical knowledge when seeing patients. My professional experience allows me to see a patient as a whole, and combining both paradigms of knowledge is an incredibly rewarding experience.’

Tom Watson BSc (Hons), MBAcC, HM Dip (ITEC)

- Tom practises a variety of acupuncture styles
- He has a special interest in Daoist alchemy and teaches *Qi gong*
- Tom was born and raised in London and has cultivated a lifelong interest in Oriental movement and healing arts. As well as teaching at The City College of Acupuncture, Tom runs several busy acupuncture clinics in central and North London.
- Tom works as a qualified acupuncturist and also teaches weekly qigong classes and runs regular retreats and workshops.
- *“Having come to my practice through the Eastern martial art traditions, my dedication to Qi Gong has led me to the study of acupuncture and healing. I love the precision of acupuncture, combined with its poetic theoretical basis. It connects us to our spirit but is firmly rooted in the physical body.”*

Tony Booker MSc, PhD, MRSC, MRCHM, FLS

- Tony has conducted primary research into TCM herbal medicine
- He is a past president of The Register of Chinese Herbal Medicine
- Tony Booker obtained his PhD at University College London in Ethnopharmacy and Pharmacognosy in 2014. His research thesis focused on the value chains of *Curcuma longa* (Turmeric) and how different value chains can affect both the livelihoods of the producing farmers and the quality of the finished products.
- He is a member of The British Pharmacopoeia expert advisory group on Complementary and Herbal Medicines, a Member and past president of The Register of Chinese Herbal Medicine, a Member of The Royal Society of Chemistry and Fellow of The Linnean Society.
- *“During my two post-doctoral projects at UCL, I investigated the quality of herbal medicinal products and their ingredients. I publish in a wide variety of scientific journals and books and my current research interests focus on improving the quality and efficacy of traditional medicines through testing their biological and energetic properties.”*

Vanessa Menendez Covelo LicAc, MBAcC, BSc, MSc, MPhil

- Vanessa initially turned to acupuncture to cope with the demands of a career in financial technology and an intense Ashtanga yoga practice.
- Inspired by the improvements in her own well-being, she then enrolled in CCA’s acupuncture licentiate and started her own acupuncture clinic just a few months before the Covid pandemic.
- Her clinic is now thriving and she has joined the CCA teaching staff to share her passion for traditional Chinese medicine.
- *“As a naturally curious person, practicing acupuncture provides me with the intellectual satisfaction of problem solving and the human factor of being able to help people”.*

When you train with us you know you are in safe hands!

Please see our website for more detailed biographies of our staff, including their inspirational stories about how they became involved with Chinese Medicine.

‘When I let go of what I am, I become what I might be.’ Lao Tsu, Zhou Dynasty

CCA Acupuncture Licentiate: practical, hands-on teaching.

Our Acupuncture Licentiate Diploma is a three-year course

- You will need to attend classes onsite at college for two days a week from 9.30 am to 5pm
- You must attend at least 80% of lectures **and 100% of clinical practice**
- You will also need to allow yourself 10-15 hours of preparation home-study each week

COURSE LAYOUT AT A GLANCE			
YEAR ONE <ul style="list-style-type: none"> • 63 days 	CHINESE MEDICINE THEORY <ul style="list-style-type: none"> • Learn the building blocks of Chinese medicine - <i>Yin Yang</i>, the Three Treasures, the Four Levels, the Five Elements, the Six Divisions, The Seven Emotions, The Eight Principles, <i>Zang Fu</i> organ theory, etc. • Start to diagnose by the tongue and the pulse 	ANATOMICAL AND ENERGETIC STRUCTURES <ul style="list-style-type: none"> • Anatomy underpins everything you will learn about the human body • Learn how to locate the acupuncture points and start developing your needling skills 	PERSONAL AND PRACTITIONER DEVELOPMENT <ul style="list-style-type: none"> • Look at the therapeutic relationship both from a Western and an Oriental standpoint • Start to understand what motivates you and the people around you

COURSE LAYOUT AT A GLANCE				
YEAR TWO <ul style="list-style-type: none"> • 67 days 	CHINESE MEDICINE PRACTICE <ul style="list-style-type: none"> • This module recaps the material from year one but in the context of Western disease categories such as gynaecology, dermatology, digestion, etc. 	ADVANCED ACUPOINTS AND PRACTICAL SKILLS <ul style="list-style-type: none"> • Increase your knowledge of the acupuncture points and build your confidence in needling, cupping, electro-acupuncture, auriculotherapy, moxibustion and <i>gua sha</i> 	PROFESSIONAL AND REFLECTIVE PRACTICE <ul style="list-style-type: none"> • Learn more about how to work in a therapeutic setting and start taking real case histories 	WESTERN MEDICAL SCIENCES <ul style="list-style-type: none"> • Understanding illness from a Western medical standpoint is essential so that you will be able to converse with Insurance companies and other healthcare professionals
YEAR THREE <ul style="list-style-type: none"> • 58 days 	ACUPUNCTURE CLINIC <ul style="list-style-type: none"> • Treat genuine paying members of the general public every week under supervision from our highly experienced clinical team 	INTEGRATIVE PRACTICE <ul style="list-style-type: none"> • Consolidate your knowledge of Eastern and Western Medicine with a firm understanding of 'red flag' illnesses 	RESEARCH <ul style="list-style-type: none"> • Write a 3,000-word article ready for submission to a peer-reviewed journal • A fantastic tool to promote yourself when you graduate 	ACUPUNCTURE BUSINESS <ul style="list-style-type: none"> • Formulate your practice plan so that when you leave CCA you are 100% confident to set up in business

CCA: It's all about the clinical experience!

When you qualify, we want you to feel completely confident in treating a wide range of conditions - physical, emotional (and sometimes even spiritual). To do this you need to have observed and practiced a wide range of treatment techniques.

The CCA Acupuncture course is composed of modules that focus on different specialist areas. In addition, we also have some strands of activity which cut across all the modules - practical strands - which mean that all of your lessons have a practical aspect to them.

Practical Techniques Strand

We want you to be relaxed and confident about treating when you go into our teaching clinic. Clinical skills such as tongue and pulse diagnosis, needling, cupping, *gua sha*, moxibustion, electro acupuncture and auricular acupuncture start being taught within a few weeks of you joining us and are practiced regularly throughout the course.

Every lesson you take will have time dedicated to the Practical Skills Strand in order to give you as much experience in treating as possible.

In order to gain experience in practical skills you will need to take turns with your classmates, removing/loosening articles of clothing (behind towels) in some classes so that other students can locate anatomical landmarks and practice finding acupuncture points on each other. You will also start practicing needling, cupping, moxibustion and the other ancillary skills on your classmates and they, in turn, will practice on you - all in a highly supervised setting, of course.

Apprenticeship Days Strand

Another strand that cuts across several modules is the Apprenticeship Day strand. On these days you get to observe in close proximity volunteer members of the public as patients being treated for a wide range of conditions. You are able to practice your tongue and pulse skills and discuss the cases in depth with the practitioners.

The treatments are given initially by CCA tutors, but in the second year a wide range of other practitioners are brought in - some newly qualified, some hugely experienced - so that you can see the scope and breadth of treatment possibilities. We pride ourselves on being a college that embraces eclecticism and we make sure that you see a wide range of practitioners from different backgrounds so that you can start to think about how you would like to practice once qualified.

Our Support Still Continues When You Have Graduated

If you have missed any lectures or need to refresh your knowledge on any subject, you are welcome to come to college and re-attend any lecture on the course. Just let us know what you need to go over and we will tell you when those classes are running.

Acupuncture - Is It for Me?

It can be a bit daunting before starting any course.

How will you know if studying acupuncture is for you?

How will you know if you will like the subject?

You may need to ask yourself some serious questions first:

- Do I want to study something that I can immerse myself in and become passionate about?
- Do I want to help people?
- Do I want to learn clinically relevant skills?
- Am I prepared to look at the world in a way that is quite different to the average Westerner?
- Am I interested in the concept of holism - the idea that body, mind and spirit are one and cannot be separated?
- Do I want to develop an ability to look at research and be able to analyse it in a sophisticated and critical manner?

Our Acupuncture course has been designed to create fantastic practitioners. Don't be put off by thinking that you require any previous specialist training - we will teach you everything you need to know to become a professional acupuncturist.

Many people choose to study acupuncture after having treatment, or by knowing someone who has benefited from treatment. Some students may be adding to existing skills such as reflexology or massage, or you may be contemplating a complete move away from your current job in IT, banking or the construction business.

Starting a new career is always exciting, and our teaching team have helped hundreds and hundreds of people start out on a new path in their life.

They could do the same for you!

Call us on 020 7253 1133, or drop us an email at cca@citycollege.ac.uk

Attendance and Time Commitments

Our acupuncture course runs from 9.30 a.m. to 5.00 p.m. on two days onsite in college with an additional 10-15 hours of preparation home study each week.

Therefore, our course is regarded as 'full-time'.

- Study Acupuncture with us on Mondays and Tuesdays starting in March 2024
- Study Acupuncture with us on Thursdays and Fridays starting in September 2024*

***N.B. Subject to demand, we will also operate a September 2024 Monday and Tuesday Intake**

- Study our 2-year Tui Na course with us on Thursdays and Fridays starting in September 2024*

***N.B. Subject to demand, we will also operate a September 2024 Monday and Tuesday Intake**

- Study our 1-year Tui Na course with us on Saturdays in October 2024

You will keep the same set of class days for the duration of your course. This will enable you to organise your life in advance if you are going to be working part-time, or if you need to arrange child-care.

The City College of Acupuncture course is structured to run over three years. Each year has 60 days of classroom tuition. These days roughly coincide with school terms, so you will get breaks at the traditional times such as Christmas, Easter and the Summer. Our office will be able to give you an accurate timetable of our dates.

You will have the chance to take study breaks, if you need to. Students must complete all of the modules within five years. (Please note that returning students will pay the prevailing course fees)

You will be expected to attend at least 80% of your non-practical lectures.

100% attendance is required for your 400 Clinical Hours.

Studying with us will be a big commitment, but it will be worth it!

Please note that in the final year we run two shifts on the clinical days. This means that one group comes in earlier and leaves earlier, whilst another comes in later and leaves later. We will do our best to accommodate you in the clinic of your choice, subject to availability.

Additional time commitments

There are, of course, additional time commitments.

As this is a degree-level course you will be expected to do a considerable amount of preparation home study - in the region of 10-15 hours every week.

This could consist of reading, memorising facts, writing essays, practising your anatomy or point location with friends, or even reflecting on your experiences.

Each lesson will have tutor-directed home study to go with it, but there will also be time for you to just 'follow your nose' and complete additional study that interests you.

APPLICANT INFORMATION SHEET

The City College of Acupuncture course has been designed to create fantastic practitioners.

Don't be put off by thinking that you require any previous specialist training - we will teach you everything you need to know to become a professional Acupuncturist.

Our entry requirements are:

- **Appropriate life experience or 120 points at 'A' level**
- **No previous practitioner experience or science qualifications are required***

You may wish to study Acupuncture or *Tui Na* massage as a career change and may not have previous academic qualifications. This need not be viewed as a barrier to becoming a successful practitioner! Our in-depth interview techniques will be able to establish if you are suitable to enrol on our course.

At interview we will be looking for your commitment to the subject, your ability to study in Higher Education, your life experiences and how you have built upon them, and your ability to interact with people. The areas that we will discuss with you during interview include:

Study - Studying any form of Chinese Medicine takes commitment

- Are you able to set aside 10-15 hrs per week for preparation home study?
- Do you have access to a computer, the Internet and IT skills appropriate to this level of study?

- Will you be able to attend 80% of normal lectures plus 100% of the designated clinical hours? There are no exemptions from the Clinical Hours.

Practical work - Acupuncture is a practical skill and students acquiring these skills will need to participate in being models/patients and working with other students

- Will you be able to remove/loosen clothing (behind towels/screens) down to your underwear in some classes so that your classmates can locate acupoints and anatomy on you?
- Will you be able to practice skills on your classmates such as needling and cupping?
- Will you be able to work on both males and females?

Practitioner development - You will be studying to become a therapist and to work with people in a respectful and appropriate manner

- Are you fluent in English?
- Is there anything that might prevent you from joining a professional register after completing your studies, such as a criminal record, alcohol and drug dependency issues or mental health issues?
- Are you aware that studying to be a practitioner will involve self-reflection?
- You may be asked to examine who you are and what motivates you, and at times this may take you out of your normal comfort zone.

Please note that we are a selective college. We are sometimes unable to offer a place if we think someone is not a good fit for our course.

RPL - *If you have studied some aspects of Chinese Medicine or Western Medicine previously, you may be able to get Recognition of Prior Learning (RPL) - enabling exemption from certain aspects of the programme. Please ask to speak to the Programme Leader about this.

Student Support

Studying acupuncture isn't an easy option. It is hard – but it is also incredibly exciting and rewarding. You may find some elements of the course challenging, so we will make sure that you have all the support you need, both academic and pastoral.

Your Support Inside CCA

Academic Tutorials

You will receive academic tutorials for each subject you study where you will be able to clarify and deepen your understanding of acupuncture and Oriental Medicine. Our teachers are all very approachable and will be happy to go the extra mile to make sure that you don't fall behind in your studies.

Personal Tutors

You will also be assigned a personal tutor who you can contact if there are any personal issues complicating your life that may be interfering with your studies. Your personal tutor is concerned with your overall path through the course and will be able to offer one-to-one advice with any problems you are experiencing. Your contact with your personal tutor can be kept confidential unless you give us permission to act on your behalf to help your situation.

Open Door Policy

At CCA we operate an open-door policy and we feel it is important that our students feel they can talk to us. If you need to speak to anyone, you are always welcome to see our office team, our Head Acupuncture Administrator, Programme Leader, Director of Studies and Director, all of whom have many years' experience of helping students fulfil their dreams of training in a new subject. We will always do our best to help you out.

Support After Graduation

We will always be happy to welcome you back after you have qualified, if you would like to re-attend a particular lesson because you missed it for some reason, or would just like to brush up on your TCM knowledge, we are happy for you to sit in as long as there is room in the class.

Your Support Outside CCA

BAcC Student Website

Our Acupuncture students get automatic access to the British Acupuncture Council (BAcC) student website which boasts amongst its features free access to current and back issues of Acu (the BAcC membership magazine), online access to articles and research, discussion forums, expert advice on research, setting up your business and safe practice, and tips on writing your dissertation.

Council Tax Discount

Our Acupuncture students attend what qualifies as a full-time course, which means you may be able to apply for a discount on your Council Tax.

Student Oystercard

Being a full-time student also allows you to apply for a Student Oystercard which will save you 30% on weekly, monthly or annual travel passes for use on the London Underground, buses, some local train routes and trams.

CCA Student Card

Your CCA Student Card will also make you eligible to join student discount schemes such as Unidays and Totem, which negotiate discounts with many different retailers.

In addition to discounts for travel, many cinemas, book shops and other shops give discounts to students who can prove they are a student, using your CCA Student Card.

Happy students make for better learners, so come and join us.

We love what we do, and we want you to love it too!

Why not email us at cca@citycollege.ac.uk

We are compiling our Academic Year 2024-25 Timetables.

Please see some sample Academic Year 2023-24 Timetables following:

CCA LicAc Acupuncture		3-YEAR FORMAT - MARCH ENTRY			
PROVISIONAL FIRST YEAR DATES 2023-24			PJ V1 17.07.17		
There is no attendance on greyed-out dates					
THURSDAY	Module	Session	FRIDAY	Module	Session
2-Mar			3-Mar		
9-Mar	Intro		10-Mar	CM 1	1
16-Mar	CM 1	2	17-Mar	CM 1	3
23-Mar	CM 1	4	24-Mar	AES-L	1
30-Mar	PPD-PR	1	31-Mar	AES-L	2
6-Apr	Easter		7-Apr	Good Friday	
13-Apr			14-Apr		
20-Apr	CM 1	5	21-Apr	AES-L	3
27-Apr	PPD-PR	2	28-Apr	Study	Skills
4-May	PPD-PR	3	5-May	AES-L	4
11-May	CM 1	6	12-May	AES-L	5
18-May	PPD-PR	4	19-May	AES-L	6
25-May	PPD-PR	5	26-May	AES-L	7
1-Jun	Half Term		2-Jun		
8-Jun	CM 1	7	9-Jun	AES-L	8
15-Jun	PPD-PR	6	16-Jun	AES-L	9
22-Jun	CM 1	8	23-Jun	PPD-PR	7
29-Jun	PPD-PR	8	30-Jun	AES-L	10
6-Jul	CM 1	9	7-Jul	PPD-PR	9
13-Jul	CM 1	10	14-Jul	PPD-PR	10
20-Jul			21-Jul	AES-L	11
27-Jul			28-Jul		
3-Aug			4-Aug		
10-Aug			11-Aug		
17-Aug			18-Aug		
24-Aug			25-Aug		
31-Aug			1-Sep		
7-Sep			8-Sep		
14-Sep			15-Sep		
21-Sep	CM 2	1	22-Sep	CM 2	2
28-Sep	AES-T&H	1	29-Sep	AES-T&H	2
5-Oct	PPD-PA	1	6-Oct	CM 2	3
12-Oct	PPD-PA	2	13-Oct	CM 2	4
19-Oct	PPD-PA	3	20-Oct	AES-T&H	3
26-Oct	Half Term		27-Oct		
2-Nov	CM 2	5	3-Nov	AES-T&H	4
9-Nov	PPD-PA	4	10-Nov	CM 2	6
16-Nov	PPD-PA	5	17-Nov	CM 2	7
23-Nov	AES-T&H	5	24-Nov	AES-T&H	6
30-Nov	PPD-PA	6	1-Dec	AES-T&H	7
7-Dec	PPD-PA	7	8-Dec	CM 2	8
14-Dec	PPD-PA	8	15-Dec	AES-T&H	8
21-Dec	Xmas		22-Dec		
28-Dec			29-Dec		
4-Jan			5-Jan		
11-Jan	CM 2	9	12-Jan	AES-T&H	9
18-Jan	PPD-PA	9	19-Jan	AES-T&H	10
25-Jan			26-Jan	CM 2	10
1-Feb			2-Feb	PPD-PA	10
8-Feb			9-Feb	AES-T&H	11
15-Feb			16-Feb		
Glossary:					
CM 1	Chinese Medicine 1				
CM 2	Chinese Medicine 2				
PPR-PR	Professional and Practitioner Development - Practitioner Focus				
PPR-PA	Professional and Practitioner Development - Patient Focus				
AES-L	Anatomical and Energetic Structures - Limbs				
AES-T&H	Anatomical and Energetic Structures - Torso and Head				

LicAc Acupuncture					
WEEKDAY 3-YEAR FORMAT - SEPTEMBER ENTRY			THURSDAY-FRIDAY		
PROVISIONAL FIRST YEAR DATES 2023-24			PJ 21.08.23 V3		
There is no attendance on greyed-out dates					
THURSDAY	Module	Session	FRIDAY	Module	Session
21-Sep	INTRO		22-Sep	CM 1	1
28-Sep	CM 1	2	29-Sep	CM 1	3
5-Oct	CM 1	4	6-Oct	PPD-PR	1
12-Oct	CM 1	5	13-Oct	AES-L	1
19-Oct	PPD-PR	2	20-Oct	AES-L	2
26-Oct	Half Term		27-Oct		
2-Nov	PPD-PR	3	3-Nov	CM 1	6
9-Nov	PPD-PR	4	10-Nov	RESEARCH	
16-Nov	AES-L	3	17-Nov	AES-L	4
23-Nov	PPD-PR	5	24-Nov	CM 1	7
30-Nov	PPD-PR	6	1-Dec	AES-L	5
7-Dec	AES-L	6	8-Dec	AES-L	7
14-Dec	PPD-PR	7	15-Dec	CM 1	8
21-Dec	Xmas Break		22-Dec		
28-Dec			29-Dec		
4-Jan			5-Jan		
11-Jan	CM 1	9	12-Jan	AES-L	8
18-Jan	PPD-PR	8	19-Jan	AES-L	9
25-Jan	PPD-PR	9	26-Jan	AES-L	10
1-Feb	PPD-PR	10.A	2-Feb	CM 1	10
8-Feb	PPD-PR	10.B	9-Feb	AES-L	11
15-Feb			16-Feb		
22-Feb	Half Term		23-Feb		
29-Feb			1-Mar		
7-Mar	CM 2	1	8-Mar	PPD-PA	1
14-Mar	PPD-PA	2	15-Mar	AES-T	1
21-Mar	PPD-PA	3	22-Mar	AES-T	2
28-Mar			29-Mar		
4-Apr			5-Apr		
11-Apr	Easter		12-Apr		
18-Apr	CM 2	2	19-Apr	AES-T	3
25-Apr	CM 2	3	26-Apr	PPD-PA	4
2-May	PPD-PA	5	3-May	AES-T	4
9-May	CM 2	4	10-May	AES-T	5
16-May	CM 2	5	17-May	AES-T	6
23-May	CM 2	6	24-May	AES-T	7
30-May	Half Term		31-May		
6-Jun	PPD-PA	6	7-Jun	CM 2	7
13-Jun	CM 2	8	14-Jun	PPD-PA	7
20-Jun	PPD-PA	8	21-Jun	AES-T	8
27-Jun	CM 2	9	28-Jun	AES-T	9
4-Jul	PPD-PA	9	5-Jul	AES-T	10
11-Jul			12-Jul	CM 2	10
18-Jul	PPD-PA	10.A	19-Jul	PPD-PA	10.B
25-Jul			26-Jul	AES-T	11
1-Aug			2-Aug		
8-Aug			9-Aug		
15-Aug			16-Aug		
Glossary:					
CM 1	Chinese Medicine 1				
CM 2	Chinese Medicine 2				
PPR-PR	Professional and Practitioner Development - Practitioner Focus				
PPR-PA	Professional and Practitioner Development - Patient Focus				
AES-L	Anatomical and Energetic Structures - Limbs				
AES-T	Anatomical and Energetic Structures - Torso				

Acupuncture Course Fees - March-24 Intake

Our Acupuncture March-24 Intake will be for Monday & Tuesday class days.

Our Intakes are subject to a minimum number of 18 Students per class. The maximum number will be 24 Students per class.

Students keep the same set of class days for all three years of the course.

Registration Fee: £150

This one-off non-refundable registration fee is required to enrol on any course with us, and it is valid for all courses you may wish to take with us.

The fees shown below cover tuition and examinations.

Full-time:

Two full days each week in college, plus approximately 10-15 hours of preparation home study per week.

Acupuncture March-24 Intake Fees

Year 1: £6,300 Chinese Medicine Core Modules

Year 2: £6,600 Chinese Medicine Core Modules

Year 3: £6,900 Acupuncture Clinical Year

• Instalments:

It is possible to pay your fees in 2 equal instalments. There is an administration fee of £100 for this option.

We suggest that students should also set aside in the region of £500 to cover text books across the three years of the course. We will advise you which books will be the best to purchase as they will need to be useful to you even after graduation. Our college library contains many other books on the subjects we teach, for you to use whilst within our library.

When you start to work in the clinic in the third year you will need to purchase a starter kit containing the basic equipment you will need as a practitioner. We will give you a list of what is required. You may buy these items individually, or some suppliers offer a student discount or a group discount for you to order with your classmates. The starter kit will cost in the region of £150.

Full terms and conditions may be found on our application form, which is available on our website.

Acupuncture Course Fees - September-24 Intake

Our Acupuncture September-24 Intake will be for Thursday & Friday class days, and once that Intake is full, we will also operate a Monday & Tuesday class days Intake, subject to demand.

Our Intakes are subject to a minimum number of 18 Students per class. The maximum number will be 24 Students per class.

Students keep the same set of class days for all three years of the course.

Registration Fee: £150

One-off non-refundable registration fee required before starting any course with us, and it is valid for all courses you may wish to take with us.

The fees shown below cover tuition and examinations.

Full-time: Two days each week in college, plus approximately 10-15 hours of preparation home study per week.

Acupuncture September-24 Intake Fees

Year 1: £6,800 Chinese Medicine Core Modules

Year 2: £7,100 Chinese Medicine Core Modules

Year 3: £7,400 Acupuncture Clinical Year

• Instalments:

It is possible to pay your fees in 2 equal instalments. There is an administration fee of £100 for this option.

We suggest that students should also set aside in the region of £500 to cover text books across the three years of the course. We will advise you which books will be the best to purchase as they will need to be useful to you even after graduation. Our college library contains many other books on the subjects we teach, for you to use whilst within our library.

When you start to work in the clinic in the third year you will need to purchase a starter kit containing the basic equipment you will need as a practitioner. We will give you a list of what is required. You may buy these items individually, or some suppliers offer a student discount or a group discount for you to order with your classmates. The starter kit will cost in the region of £150.

Full terms and conditions may be found on our application form, which is available on our website.

What is *Tui Na*?

***Tui Na* ('push-pull') is one of the branches of Traditional Chinese Medicine (TCM) along with Acupuncture, Herbal medicine and *Qi gong*. It is a form of medical massage based around the acupuncture points and meridians. *Tui Na* practitioners need to have a thorough understanding of TCM principles in order to make an accurate diagnosis.**

Tui Na is becoming increasingly popular in the UK. All hospitals in China have a *Tui Na* department and the therapy is seen to be on the same level as acupuncture.

A *Tui Na* treatment typically happens whilst the person is still clothed. Skilled *Tui Na* practitioners utilise a wide range of techniques to knead, roll, press and rub the body which activates the flow of *Qi* and restores harmony. The technique dates back over 2,000 years and is used extensively in China to treat internal conditions as well as musculoskeletal issues.

There are different forms of *Tui Na* and you will be taught softer *Yin* styles and firmer *Yang* styles of treatment. You will also undertake *Qi gong* training to build your own personal energies.

Additional skills can be used in conjunction with *Tui Na* such as cupping and *Gua sha*, but unlike acupuncture the skin is not pierced. This means it can be used in any setting and is suitable for any age, from infants to the elderly.

When studying *Tui Na*, it is only through supervised clinical experience that you can really get to understand how to use the various techniques. Without supervised clinical experience it is impossible to gain a deeper understanding of how to treat complex conditions.

People who have *Tui Na* love the experience and always want to come back for more!

To find out why, please drop us an email at cca@citycollege.ac.uk

"Attending The City College of Acupuncture to study *Tui Na* was one of the best decisions I have made to further my knowledge in Chinese medicine since qualifying as an Acupuncturist. Learning *Tui Na* has added a new dimension to my treatments which has been well received by my patients. The teaching on the course is excellent and the classroom facilities are good. The lecturers are all experienced practitioners and are passionate about the subject bringing their own unique perspective on how to integrate *Tui Na* into an existing Acupuncture clinic. I cannot recommend it highly enough."

Tina, CCA *Tui Na* Graduate

Two Year Licentiate in *Tui Na*

The City College of Acupuncture runs the most in-depth *Tui Na* course in the UK. Our Course Leader Julia Oji is a highly experienced *Tui Na* practitioner and teacher.

Practitioners of *Tui Na* need a deep understanding of the TCM diagnostic process in order to treat people successfully with *Tui Na*. This understanding of Traditional Chinese Medicine (TCM) needs to be as sophisticated as an Acupuncturist's.

When studying *Tui Na* as a TCM beginner you will need to choose our two-year course and come to college for two midweek days per week to complete all of the core modules in Year 1 and Year 2 of our acupuncture course, alongside our Acupuncture students.

In the second year, you will need to add on one extra day on Saturdays each week to take the *Tui Na* Techniques and *Tui Na* Clinical modules.

<i>Year 1</i>	CM Chinese Medicine TCM	AES Anatomical and Energetic Structures Core Modules		PPD Personal and Practitioner Development	
<i>Year 2</i>	CMP Chinese Medicine Practice	APS Acupoints and Practical Skills	WMS Western Medical Sciences	PRP Professional and Reflective Practice	TNT <i>Tui na</i> Techniques TNC <i>Tui na</i> Clinic

***Tui Na* Techniques (TNT)**

This unit will teach you the *Tui Na* manipulations and massage techniques, area routines, and practical skills such as cupping, *gua sha* and moxibustion. Orthopaedic tests and external herbal formulae are also taught.

This unit develops your physical strength, stamina, and sensitivity to internal *Qi* through the study and practice of *Shaolin Nei Gong*, as well as various other types of *Qi Gong* (focused breathing) including the Six Healing Sounds, which can be incorporated into therapeutic *Tui Na* practices.

***Tui Na* Clinic (TNC)**

This unit puts theory and practice together creatively to use a range of *Tui Na* techniques to look at complex disease patterns in Chinese medicine. It applies existing theoretical knowledge, reflective practice and practical skills acquired throughout the course in the context of supervised clinical practice with patients.

One Year Licentiate in *Tui Na*

This one-year *Tui Na* Course is suitable for fully qualified Acupuncturists and Traditional Chinese Medicine (TCM) Practitioners. If you are eligible to complete the One Year Licentiate in *Tui Na*, you will only need to attend CCA for one day per week on Saturdays to complete the two *Tui Na* Modules

Tui Na Fees September 2024 & October 2024 Intake

Registration Fee: £150

One-off non-refundable registration fee required before starting any course with us, and it is valid for all courses you may wish to take with us. The fees shown below cover tuition and examinations.

Tui Na undergraduate

-Two-year Course (Start Date: September 2024)

Full-time

2 midweek onsite college days + 10-15 hours preparation study per week in Year 1

2 midweek onsite college days + 10-15 hours preparation study per week + one Induction Day on a Friday + Saturdays onsite in college in Year 2.

- **Year 1:** £6,800 Chinese Medicine Core Modules
- **Year 2:** £9,400 Chinese Medicine Core Modules and *Tui Na* units

Tui Na units for fully qualified Acupuncturists and TCM Practitioners

-One-year Course (Start Date: October 2024)

Registration Fee: £150

One-off non-refundable registration fee required before starting any course with us, and it is valid for all courses you may wish to take with us. The fees shown below cover tuition and examinations.

Part-time

One day a week onsite in college on Saturdays + one Induction Day on a Friday.

- *Tui Na* units only - £2,300 for one-year course

When you start to work in the clinic you will need to purchase a starter kit containing the basic equipment you will need as a practitioner. We will give you a list of what you require. The starter kit will cost in the region of £100.

Full terms and conditions may be found on our application form, which is available on our website, or from our College Reception area.

I want to apply. What now?

1. Come to an Open Evening Event at our College

Attend one of our Open Evening Events, which are held every few months throughout the year. This will be an ideal opportunity to meet our Programme Leader Ilze Black, and your potential new classmates. This will also give you a feel for who we are and what we do. Please email cca@citycollege.ac.uk to register for our next event.

2. Complete an Application Form

Once you decide you wish to apply, please complete your application form online on our website <https://www.citycollegeofacupuncture.com/> at <https://student.citycollege.ac.uk/>

3. Have an Interview

Once we receive your application, we will contact you to arrange your interview. At your interview we will ascertain that our course is a good match for you, and that you are a good match to study with us, and make sure that you thoroughly understand the commitments of the course. You will be advised of the results of your interview shortly afterwards.

4. Secure your place

Following your successful interview, to secure your place on our course, you will need to submit a one-off, non-refundable, registration fee of £150.00. Course fees (your choice of either full payment or 2-part instalment) are due no later than 4 weeks prior to the start of the course.

5. Contact Us Any Time

If you have any questions, or would like to discuss your application with us, please do give us a ring on 020 7253 1133 and ask for our Head Acupuncture Administrator Karen Lloyd-Davies, or drop us an email at cca@citycollege.ac.uk

How to Find Us

By London Underground

Our college is around five minutes' walk from Old Street tube station (Northern Line). Usually, you would leave the station at Exit 1 by taking the left-hand steps up to ground level. Proceed along City Road for a few hundred yards until the road forks in two. East Road is the fork on the right and the college is located a short way along on the left-hand side of the road. Keep walking for another 200 yards and you will find The City College. However, as at today's date, Old Street tube station is undergoing refurbishment, so currently you would take Exit 4 to leave the station, then walk forwards along City Road (you will see two very tall buildings, the Atlas building, and the M by Montcalm, which is a very angular triangle-shaped building, in front of you. After approximately 80 yards, at the traffic lights, take the right fork into East Road walking along the right-hand side of the Atlas building. Keep walking for another 200 yards and you will find The City College on your left. Check the prevailing information online regarding the Old Street tube station exits prior to starting your journey.

By Bus

- Buses that pass close to the college are 21, 43, 76, 135, 141, 205, 214.

By Car

- Parking in this area is very restricted, so we advise you to use public transport if possible, or look on the Internet for the nearest appropriate parking facilities.